



WISDOM BOOST 2023 ***MENTORSHIP PROGRAM***

"Connection is the energy that is created between people when they feel seen, heard and valued - when they can give and receive without judgement."

- Brene Brown, Author of "Daring Greatly"

JOIN an Award-Winning Successful Mentorship Program - at no additional cost - as an active member of BPW Calgary - "Women working for women."

Mission of the Program

To create and grow formal supportive mentoring relationships amongst BPW Calgary Members, that will make a positive impact in professional and personal lives of both the mentors and protégées. To foster member relationships, and encourage networking and support among professional women in Calgary.

Vision of the *WISDOM BOOST 2023* Program

To grow and develop diverse mentoring relationships that will have a positive impact on the professional and personal lives of the participants, as well as further enhance the supportive and nurturing culture of the BPW Calgary organization.

Program Goals

- To support BPW's cornerstones of leadership and professional development.
- To support BPW Calgary's vision of empowering women to reach their full potential.
- To showcase additional value of the membership benefits of joining BPW Calgary, and foster new membership enrollments.

WISDOM BOOST 2023

BPW Mentorship Program E:

mentorship@bpwcalgary.com

W: <http://bpwcalgary.com/mentorship/>

WISDOM BOOST 2023 includes six months of activities to foster solid development opportunities and robust mentor and protégée relationships. The framework elements include a kick-off joint session, supportive tools, 1:1 mentorship, leadership mini-workshops, regular touch-points, and diverse community and networking activities including BPW monthly meetings.

There is **no additional cost** to join the Mentorship Program in 2023, as this is **included in your active BPW membership**.

Our Mentors and Protégées

Our mentors are diverse professional and business women employed across a broad range of industries and sectors (corporate, not-for-profit and entrepreneurial) and occupations. They have many years of business experience as well as a variety of interesting life experiences and enjoy giving back to the community.

Our protégées are BPW members also representing a diverse group of professional and business women who are interested in developing and strengthening their leadership skills and advancing their careers by expanding their network.

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Requirements for Mentors & Protégées

January 13th 2023

Current BPW members - enroll in the program by completing a mentor or protégée application form. Email it to mentorship@bpwcalgary.com by January 13th.

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